

PSYCHOLOGY (PSYC)

QUICK FACTS: PSYC COURSES

- **Instructional School:** Social Sciences and Public Affairs
- **Department:** Social Sciences

PSYC 101 Introduction to Psychology

(3 Credits, Fall/Spring/Summer)

This course introduces the scientific study of the human experience. Through exposure to the diverse sub-disciplines of psychology such as neuropsychology, life span development, social psychology, thinking, language and intelligence, motivation and emotion, health and human flourishing, and psychological disorders, students gain a greater understanding of themselves and the world around them. With emphasis on scientific inquiry and ethical and social responsibility, students taking this course enhance their academic skills, develop knowledge of the discipline, and have opportunities to communicate their understanding with peers, faculty, and professionals in the field. *(This CWI course meets Idaho State Board of Education GEM competency requirements for GEM 6 - Social and Behavioral Ways of Knowing.). (3 lecture hours, 0 lab hours, 3 credits)*

PSYC 110 Drug Use and Misuse

(3 Credits, Fall)

This course is designed to help students understand the social, biological, and psychological implications of drug use from individual, societal, and cross-cultural perspectives. Students will explore and evaluate the characteristics of various drugs, what draws people to misuse them, and treatment modalities. *(This CWI course meets the institutional competency requirements for Global Perspectives.). (3 lecture hours, 0 lab hours, 3 credits)*

PSYC 120 Career Exploration

(1 Credit, Fall/Spring)

This course provides opportunities for self-reflection and exploration of career and educational opportunities in psychology and other areas of interest using a variety of resources and activities. (Pass/No Pass) *(1 lecture hours, 0 lab hours, 1 credits)*

PSYC 140 Human Relations for Career and Personal Success

(3 Credits, Fall/Spring/Summer)

This course presents the practical application of social science concepts related to interpersonal or people skills that are important in the modern world. Topics include understanding and managing oneself, dealing ethically and effectively with people, and strategies for success. Students will have the opportunity to earn a Mental Health First Aid Certificate as part of the class. *(This CWI course meets Idaho State Board of Education GEM competency requirements for GEM 6 - Social and Behavioral Ways of Knowing.). (3 lecture hours, 0 lab hours, 3 credits)*

PSYC 190 Writing for the Social Sciences

(3 Credits, Fall/Spring)

This course is designed for students majoring in the social sciences, to develop an understanding of scientific reading and writing and develop collaborative research skills for social sciences. Upon completion of this course, students will be better prepared for future writing and research-intensive courses within their major. An emphasis will be placed on collaboration, information literacy, comprehension, synthesis of empirical research, and the use of APA style to document and write. PREREQ: ENGL 101 or equivalent placement score. *(3 lecture hours, 0 lab hours, 3 credits)*

PSYC 199 Psychology Special Topics

(1-5 Credits, Varies)

This course is designed to permit the offering of special topics appropriate to a student's program. Regular or frequently recurring topics are not offered under this title. The course may be repeated as new topics are presented. *(1 lecture hours, 0 lab hours, 1 credits)*

PSYC 201 Child and Adolescent Development

(3 Credits, Fall/Spring)

This course explores biosocial, cognitive, and psychosocial changes in typically developing children from birth through adolescence. Contemporary views of genetic and environmental contributions, parenting, and education will be examined. Research designs appropriate to developmental issues will be explored. This course includes a community engagement project. PREREQ: PSYC 140, EDUC 120, or completion of 45 credits. *(2 lecture hours, 3 lab hours, 3 credits)*

PSYC 211 Psychosocial Aspects of Dying and Death

(3 Credits, Varies)

This course examines psychosocial aspects of dying and death from individual, societal, and cross cultural perspectives. Topics include bereavement, grief, and mourning; attitudes, activities, and beliefs encompassing death; and the effects of mortality on identity development and affirmation of life. *(This CWI course meets the institutional competency requirements in Global Perspectives.). (3 lecture hours, 0 lab hours, 3 credits)*

PSYC 221 Gender

(3 Credits, Varies)

This course examines global issues of gender through a biopsychosocial lens. Topics such as gender identity, gender roles and stereotypes, gender in the workplace and in education, and gender within the family structure will be explored across a variety of cultures. *(This CWI course meets the institutional competency requirements in Global Perspectives.). (3 lecture hours, 0 lab hours, 3 credits)*

PSYC 231 Human Sexuality

(3 Credits, Varies)

Introduction to the biopsychosocial aspects of human sexuality. Topics such as sexuality throughout the life span, sexual orientation, sexual behavior, and attitudes about human sexuality will be explored across a variety of cultures. *(This CWI course meets the institutional competency requirements in Global Perspectives.). (3 lecture hours, 0 lab hours, 3 credits)*

PSYC 250 Fundamentals of Social Science Research

(4 Credits, Fall/Spring)

This course introduces students to the major methods of research commonly used in the social sciences. Topics include logical and scientific foundations of social science research, ethical practices and applications of social science research, development of social research questions, various quantitative and qualitative research methods, and implementation of both quantitative and qualitative methodologies. PREREQ: ANTH 102 or PSYC 190. *(This CWI course meets Idaho State Board of Education GEM competency requirements for GEM 6 - Social and Behavioral Ways of Knowing. It has also been E designated and will fulfill the Ethical Reasoning requirement.). (4 lecture hours, 0 lab hours, 4 credits)*

PSYC 251 Statistical Methods

(3 Credits, Fall/Spring)

This course emphasizes understanding and application of statistical methods common in psychological science (e.g., central tendency, dispersion, z-scores, t-tests, correlation, ANOVA, chi-square, etc.). PREREQ: PSYC 190 or ENGL 102, and any GEM 3 course. PRE/COREQ: PSYC 250. *(3 lecture hours, 0 lab hours, 3 credits)*

PSYC 290 Professional Development

(2 Credits, Fall/Spring)

This course provides Psychology majors the opportunity to reflect on and review knowledge and skills related to the science of psychology. Students will integrate and apply what they have accomplished during their education and tailor their written and oral assignments toward their individual educational and career objectives. PREREQ: PSYC 120. PRE/COREQ: PSYC 251. (2 lecture hours, 0 lab hours, 2 credits)

PSYC 293 Psychology Internship

(1-3 Credits, Varies)

Internships allow students to apply learning to real-life career possibilities. Credits are earned through supervised fieldwork specifically related to a student's area of study. PREREQ: PERM/INST. (0 lecture hours, 3 lab hours, 1 credits)

PSYC 296 Psychology Independent Study

(1-10 Credits, Varies)

This is a term long project. Each credit hour is equivalent to 45 hours of work on a project. Students should make arrangements with the instructor in their field of interest. Before enrolling for independent study, a student must obtain approval of the department chair and dean, acting on the recommendation of the instructor who will be supervising the independent study. An Independent Study Registration Form must be completed and turned into a One Stop Student Services location before a student may register for this course. PREREQ: PERM/INST and submission of a completed Independent Study Registration Form. (0 lecture hours, 0 lab hours, 1 credits)

Refer to [How to Read Course Descriptions](#) for an explanation of elements found in the course descriptions above.