

COUNSELING SERVICES

The College of Western Idaho offers short term counseling services with licensed professional counselors to currently enrolled students. It is our aim to promote early intervention and provide support to students in an effort to help reduce the negative impacts of mental health challenges, increase personal resiliency, and minimize the interruption of academic goal achievement. Counseling Services can provide assistance to students with issues such as anxiety, depression, stress, or relationships concerns. We can also provide information on community resources for basic needs. Because this is a short-term counseling service, a referral to outside counseling will be provided if it is determined that the student would benefit from assistance beyond the scope of our services.

For more information or referral information, please contact a CWI counselor at counselor@cwidi.edu or 208.562.2200. Additional resources are available on the [Counseling Services](#) web page.